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2022-2024

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EDITOR BOARD

Dear members

It is indeed a great honour to be the Newsletter Editor for the MSN 2022-2024.

Time flies, and the new MSN council is already 10 months in the service.

In this edition, we hope it is not too late to introduce the new MSN council members for 2022-2024. We will recount the various projects and activities in which MSN members were actively involved since July 2022-March 2023. The biggest event was the National World Kidney Day 2023 at Dataran Nilai Negeri Seremban. MSN 2022-2024 has also emphasise on the education programme to the nephrology fraternities by having a series of MSN Masterclass, which encompassed on peritoneal dialysis, critical care nephrology and cardiorenal metabolic syndrome.

Please check in to our new facelifted MSN website. Numerous announcements and updated programmes for 2023 had been put up on the website.

A huge thank you to all the persons who contributed in writing the articles. Last but not least, I would like to thank Madam President, Dr Lily Mushahar and the board members for their support throughout the creation of this edition.

Dr Wan Hazlina Wan Mohamad
Editor
MSN Council 2022 - 2024



Dear Colleagues and Friends,

First, I would like to congratulate the newly appointed e-newsletter committee and thank you for the work on this first newsletter issue 2023.

It is my pleasure to inform you that the first quarter of the year 2023 has been filled with many activities organised by the Society. The year started with giving our MSN website a new facelift with the Society's vision as "Strive for Accessible, Affordable and Sustainable Kidney Care for All". This vision was coined in Malacca this year, during our 1st Nephrology Strategic Planning Meeting between MSN council members, Ministry of Health (MOH) head of nephrology services and National Kidney Foundation (NKF) chair. The Society's website will continuously provide news updates on MSN activities, registries, JCTN journal issues, announcements and membership benefits.

The World Kidney Day national celebration was a success, hosted by MSN and NKF on 11th March 2023 at Dataran Nilai, Bandar Baru Nilai Negeri Sembilan. The event was officiated by the honorable Health Minister YB Dr Zaliha Mustafa. The "Buah Pinggang Anda Ok? Jom Check" programme, which is a chronic kidney disease (CKD) screening effort collaborated by MSN-NKF and the Ministry of Health was also launched by YB during the event. We hope this programme will assist in more detection of earlier stages of CKDs in the endeavour to aid in appropriate earlier management.

We also successfully organised the 1st MSN Critical Care Nephrology masterclass on the 18-19th of March 2023 at The Gardens Hotel and Residence, Kuala Lumpur. This workshop was one of the MSN-led masterclass workshops which was recently introduced. Other masterclass workshops include the PD masterclass and CKD masterclass. The CKD masterclass is aimed to educate the primary care team in managing cardiorenal metabolic diseases and will be held at Double Tree Hilton, Malacca on 21st of May 2023. The Society also organises regular MSN KidneyAcademy CMEs which include the DocQuity webinar on CKD.

The 37th Annual Congress of the Malaysian Society of Nephrology 2023 will be held at Setia Spice Convention Centre, Penang on the 7th-9th of July 2023. The theme is 'Enhancing Personalized Medicine in Nephrology'. Interesting topics have been outlined with invited faculty expert speakers. The congress will be fully physical and we are excited to meet everyone in Penang. Please take the opportunity to check on important dates for the congress in our first announcement flyer.

Please be on the lookout for many more MSN activities lined up for this year which includes:

- MSN virtual grand ward round
- 10th Malaysia-Singapore Nephrology Forum on the 11th-13th of August 2023, Penang

Finally, I would like to thank all MSN council members and our executive secretary who have been working tirelessly in the effort to ensure the success of all the events planned. I would like to show my utmost gratitude to all MSN members who have contributed to the success of the Society.

Hope to see you in Penang!



MSN Vision

Strive for Accessible, Affordable & Sustainable Kidney Care for All

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Dr Mohamad Zaiml Abdul Wahab

Dr Shahnaz Shah Firdaus Khan

MOHE Representative:

Professor Dr Abdul Halim Abdul Gafor

Professor Dr Lim Soo Kun

Professor Dr Christopher Lim Thiam Seong

List of MSN activities

National World Kidney Day 2023

Education activities of MSN

Peritoneal Dialysis MSN Masterclass Dec 2022

Malaysian Society of Nephrology (MSN) Strategic planning 2023

Critical Care Nephrology MSN Masterclass March 2023

CardioRenal Metabolic CKD Masterclass May 2023

International Conference Reports

ASN 2022

WCN 2023

ISN Fellowship Reports

Upcoming event of MSN



***“Learn as if you will live forever,
live like you will die tomorrow.”***

-Mahatma Gandhi

WORLD

The World Kidney Day celebration was held on 11th of March 2023 at Dataran Nilai with the aim of creating awareness on the importance of screening for kidney disease. The event was organised by Malaysian Society of Nephrology and National Kidney Foundation with the support from Nephrology department of Hospital Tuanku Jaafar, Seremban. The day started with Fun Run followed by various activities including health screening, cooking demo, cooking competition, and various health booths and exhibitions.



The event and screening program 'Buah Pinggang Anda OK? Jom Check' was launched by the Health Minister of Malaysia, Dr Zaliha Mustafa. The kidney screening program will be expanded to a nationwide level in the near future. The World Kidney Day celebration was a great success in spreading awareness and educating the public about the need for early screening to prevent and manage kidney disease.



Kidney

Day
Together

World Kidney Day





PD Masterclass

Peritoneal Dialysis Masterclass is the first Malaysian Society of Nephrology 2022-2024 education event. This is a two and a half day programme organised on the 3rd-4th Dec 2022 at The Gardens Hotel and Residences, Kuala Lumpur. The programme was open to peritoneal dialysis paramedics, nephrology trainees and nephrologists in Malaysia and a total of 200 were in attendance. The theme of PD Masterclass 2022 was 'Strategies towards a quality PD programme'.

This year, we introduced a pre workshop for nurses. We gathered all the PD nurses in Malaysia, aiming to standardise the clinical practice on peritoneal dialysis. The workshop covered the relevant areas in peritoneal dialysis practices including PD training, ESI and protocol, exit site care, peritonitis procedure in PD and Impact of CQI on the PD programme. There was also a session on managing stress(stress management) in (among) PD nurses which was well conducted by AP Dr Fadlina Zakaria.

The event continued with 2 days symposium; lectures encompassing accurate information with regards to patient-centred care, strategies for optimal outcomes in PD, discussion on PD in high risk population, challenges in special population and the latest PD initiatives and innovations. In an attempt to improve PD care, we invited Mr Chee See Soon, a patient from Hospital Kuala Lumpur to share his perspectives and expectations as a PD patient.

PD MSN Masterclass ended with a Kahoot quiz session and closing ceremony by Dr Lily Mushahar.

MALAYSIAN SOCIETY OF NEPHROLOGY

Strategic Planning 2023 - 2028

MEETING

MSN strategic meeting 2023 was held at Doubletree by Hilton Hotel, Malacca on the 7th-8th of Jan 2023. It is a PROBLEM-SOLVING approach to THINK STRATEGICALLY to REALIGN the vision and mission of the MSN while anchoring its directions and values.

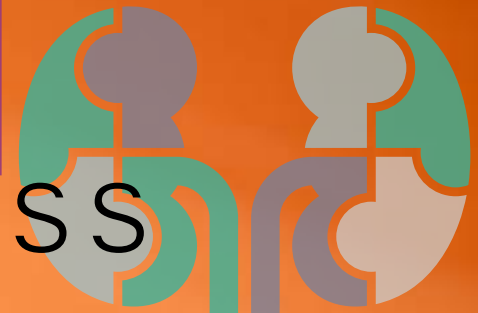


It was an effective two-day brainstorming session among the MSN councils with the invited speakers to deliver optimal kidney care in Malaysia.

After effective hours of discussion, we were treated to an appetising dinner at Amy's Kitchen by Dr Morris and Dr Selva and cruised along the beautiful river of Malacca.



CCN MASTERCLASS



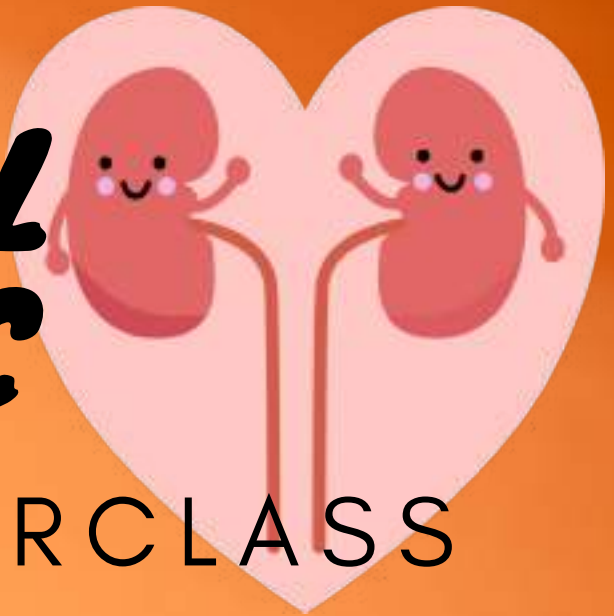
Malaysian Society of Nephrology(MSN)
Critical Care Nephrology (CCN)
Masterclass 2023 was held on the 18th-19th
of March 2023 at The Gardens Hotel and
Residence, Kuala Lumpur. The theme for
this year was 'Empowering Strategies For A
Better Care'.

It was an informative, insightful and fruitful
event. There were both international and
local esteemed speakers who delivered
informative lectures covering various
topics, from basic sciences to clinical
practices. We were very delighted to have
Profesor Dr Antoine G Schneider, a renown
Intensive Care Specialist and also an
academic researcher from University
Hospital of Lausanne, Switzerland and Dr
Chua Horng Ruey, a Senior Consultant
Nephrologist from National University
Hospital, Singapore to share more insights
on strategies in improving critical care
nephrology care. Participants engaged in
case-based discussions with moderators
and centre-based experience sharing
sessions had made the event more
intriguing. Besides that, there was a special
symposium to focus on various challenges
faced in critical care nephrology service
providers by different sectors namely the
Ministry of Health, the Ministry of Education
and private services.

Special appreciation and gratitude to our
local speakers, moderators and session
chairs for their support and contribution
into making the event a great success.

CARDIORENAL & METABOLIC

CKD MASTERCLASS



On a bright Sunday morning dated 21st May 2023, Malaysian Society of Nephrology traversed down south to Malacca to hold the first series of Chronic Kidney Disease (CKD) Masterclass, Cardio-Renal Metabolic Perspective at DoubleTree by Hilton Hotel. This full-day masterclass was targeted at bringing education and latest updates on the management of CKD to primary care physicians, general practitioners, physicians and medical officers. A total of 63 participants attended the course, which was divided to 2 themed sessions, namely "managing early disease" and "managing advanced CKD". We had the privilege of listening to lectures from esteemed speakers who comprises of consultants from the subspecialty of cardiology, endocrinology and nephrology. They are Dr Lim Siang Chin, Dr Choo Gim Hooi, Dr Peng Ban Chai, Associate Professor Dr Lim Lee Ling, Dr Teoh Chee Kiang, and Professor Dr Lim Soo Kun. The lecture series ended with panel discussions and subsequently breakup sessions with case discussions from each subspecialty. The response from the participants was very much encouraging with lots of questions from the floor during the panel discussion as well as the case discussion sessions. The masterclass ended at 430 in the evening before participants parted ways to return to work the following day.

By Dr Albert Hing

ASN KIDNEY WEEK 2022 RECAP

ASN Kidney Week 2022 was successfully held in Orlando, USA from 3rd to 6th November 2022. It marked the return of in-person Kidney Week after 2 years of pandemic. I was grateful to be able to attend the annual congress, thanks to the Malaysian Society of Nephrology (MSN) sponsorship.

Day 1 session opened with poster presentation in the morning. The first lecture I attended that morning was on personalised HD prescription and a basic science lectures on pathophysiology of the kidney stones followed by extensive IgA nephropathy lectures. I chose to attend a lecture on cardio-renal syndrome Race-Free GFR equations in the afternoon. There are few learning points from D1. The IgA session discussed the multi-hit pathogenesis of IgA nephropathy, the role of endothelin-1 causing glomerular injury that lead to potential new treatment in IgA, the endothelin receptor antagonist. The eGFR session were interesting where they discussed the complexity of the new the new CKD-EPI (without race) and its direct impact related to medication decision making, donor candidacy and transplant listing due to discrepancy in GFR value. The programs were back-to-back from 8 am to 6pm. I was a bit disappointed to not be able to attend all the sessions as most of them were overlapped.



A MALAYSIAN NEPHROLOGISTS EXPERIENCE

by Dr Lydia Kamaruzaman

Day 2 started with an interesting plenary lecture on Xenotransplantation. It was mindblowing to hear somewhere in America, a lab is generating kidneys from pigs. Perhaps this is a solution to the shortage of organ/ kidney donor. Xenotransplantation will definitely change the direction of kidney transplant field in the future.

I decided to focus on GN topic on D2. I started with infectious related GN in the morning. The lectures started with pathogenesis and histopathologic spectrum of GN related to bacterial and viral infections with focus on Hepatitis C, hepatitis B, HIV and Covid infection. The last lecture on this session focused on clinical manifestation and management of hepatitis C-associated glomerular disease. There are no emerging novel therapies for infection related GN and overall our local practice in managing infection related GN in Malaysia is parallel with the latest guideline and recommendation. The GN series continues with afternoon lectures on ANCA vasculitis/ GN and cryoglobulinaemic GN. What a day to fry the brain!

My brain needed a breather and I attended lighter topics in later afternoon which included AKI in liver cirrhosis and CKD-MBD. Learning point from hepatorenal syndrom (HRS) session was that volume expansion with IV albumin with or without vasoconstrictor is still the main stay of treatment. The evidence to use vasoconstrictor therapy like terlipressin has been there for many years but a lot of clinical outcomes remain poor. They also discussed diagnostic tool like AKI biomarker to characterise the underlying cause of AKI in patients with cirrhosis, to target therapy and to optimise clinical outcomes. The cirrhosis session ended at 6pm and we went to Disney Spring for dinner and shopping!

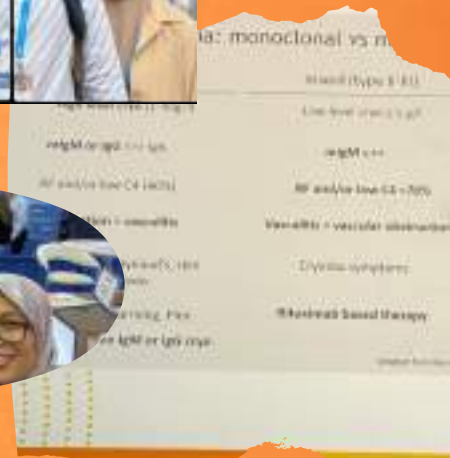
Day 3 started with meeting some familiar faces at the Elsevier booth! Shout out to Dr Ooi and Dr Sunita. One thing for sure, we were old timer. No e-book, just books with real papers for real readers! Elsevier shipped the book for free to Malaysia and gave 30% discount which makes me very happy ☺

I started the morning session on D3 with fluid management. Let me be honest, I decided to attend because the title catch my eyes "Kidney and Fluid: Love Hate relationship". There are increasing evidence points to the association of fluid overload with an increased risk of adverse outcomes across the spectrum of kidney disease. They highlighted 2 challenges which were volume status and optimal fluid management strategies. The focus were on fluid status in AKI, ESRD and cardiorenal syndrome. Emphasis were given on novel techniques for assessment of venous congestion such as bedside ultrasonography.

The afternoon session were all on kidney transplantation. The session were on recurrent GN after Kidney Transplantation. The session focused on the impact of recurrent GN on kidney allograft function and survival. They started with pathophysiology and discussed the risk of recurrence post-transplant related to FSGS and the available therapeutic options to prevent and treat recurrent GN.

The late afternoon lectures were on diabetic kidney disease. The speakers talked about how environmental factors may influence intrarenal metabolic pathways. In this session, the role of diet, lipid, autophagy and mitochondria in modulating injury in diabetes and diabetic kidney disease were discussed. I gained new knowledge that mitochondrial mutations could be derived from environmental predisposition to drugs or oxidative stress injury and the kidney phenotypes are often manifested as tubular dysfunction, interstitial nephritis, glomerular dysfunction, and renal tumor. In a nutshell, beware of what we eat. One apple a day keep the nephrologist away!

It was D4 of Kidney week! The halls were half empty with many delegates already made their way home. I attended the morning session on current update in management of diabetic kidney disease which emphasis on recent guideline, SGLT2i and GLP-1. Following that, my last session on ASN week were the transplant lectures on assessing donor kidney function. The session reviewed current evidence about selecting appropriate kidney donor and the best approach to determine the optimal pre-donation GFR. The final discussion were on post donation GFR and whether the donor should be diagnosed with CKD.



The ASN Kidney Week 2022 closed it's curtain at noon. This was my first oversea congress post pandemic and it was a joyful experience. The programme were excellent and packed from 8am to 6pm. I wished I could clone myself into several Lydias and attended all those lectures. As a nephrologist, I gained new knowledge and I gained confidence knowing our patients care and clinical management are at par with international standard. As a researcher I acknowledge how small I am in the research field and we are lacking of clinician scientist in the field of nephrology in Malaysia. Brought home a few research ideas by the way!

Finally, I would like to thank malaysia Society of Nephrology for sponsoring me to ASN Kidney Week 2022.



WCN 23

The World Congress of Nephrology (WCN) 2023, organized by the International Society of Nephrology (ISN) was recently held in Bangkok, Thailand from March 30 to April 2. This event was hosted by the Asian Pacific Society of Nephrology (APSN) and the Nephrology Society of Thailand (NST). It brought together kidney care professionals worldwide and featured more than 200 speakers presenting the latest in cutting-edge nephrology science and research expertise.

The four-day event was packed with scientific content and activities including late-breaking trial presentations, clinical updates, and industry symposiums. The conference provided a platform for ISN members to share knowledge as well as present their data from their respective regions. The sessions were highly informative and interactive, giving participants many opportunities to learn. The conference covered a wide range of topics related to kidney care, including dialysis, transplantation, glomerulonephritis and so much more.

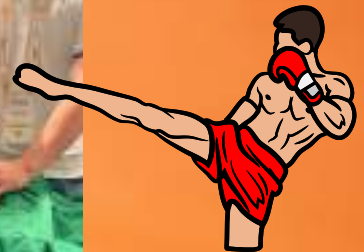
One of the most rewarding aspects of attending the World Congress of Nephrology (WCN) 2023 as an early career nephrologist was networking and socialising with other attendees. It was great to meet fellow kidney care professionals from around the world. It was fascinating and inspiring, as we exchanged experiences and perspectives. I learned so much from their insights and was impressed by their passion for the field.

The speakers at the conference were also incredibly informative and inspiring. All of them were renowned experts in their respective areas and I was impressed by the depth of knowledge that they shared. I left the conference with practical knowledge that I could incorporate into my daily medical practice.

Outside of the academic program, I also had the chance to explore Bangkok's famous landmarks and taste the delicious local cuisine. The cultural experience was memorable and added to the overall experience of the conference.

In summary, the World Congress of Nephrology (WCN) 2023 was an incredible experience that broadened my horizons and deepened my passion for kidney care. I am very grateful for the opportunity given by the Malaysia Society of Nephrologists (MSN) to attend this event. I look forward to incorporating the knowledge and insights gained here into my daily medical practice.

Dr Nur Hidayati Mohd Sharif
KPJ Selangor Specialist Hospital



MY CRITICAL CARE NEPHROLOGY FELLOWSHIP EXPERIENCE

BY DR NURUL ZAYNAH NORDIN, HOSPITAL KUALA LUMPUR



How it started...

The idea of pursuing Critical Care Nephrology (CCN) started in late 2018 after being encouraged by my mentors at Hospital Kuala Lumpur. However, it wasn't until three years later that I applied for a fellowship in this area from the International Society of Nephrology (ISN). Following my application, I was honoured to be selected as the first ISN-Ravi Mehta AKI fellow in the ISN fellowship programme under Professor Marlies Ostermann, a well-experienced nephrologist-intensivist at Guy's and Thomas' Hospital (GSTT), London, the United Kingdom.

The Journey...

Preparing for ISN fellowship applications and adjusting to life in the UK was challenging. The hurdles were overcome with mentors, friends, and family's help, but I'll save that for another post! In the first month as an observer, everything went relatively smoothly. But a few weeks into my tenure as a clinical fellow, things got more challenging, but they were still durable. Growing up in Malaysia and being used to a different healthcare system, there were many things to adapt to quickly. I had to learn the nuances of the UK healthcare system and get used to the fast-paced environment. I also had to swiftly build relationships with the staff and get up to speed with the never-ending protocols. It was a steep learning curve, but as the days passed by, adjusting to a new environment became fun and exciting.

What have I learnt during my fellowship?

1. Regional Citrate Anticoagulation (RCA) is more straightforward than I thought!

At first glance, it may seem as if the RCA process is complicated. With the appropriate protocol and staff training, however, it has been demonstrated that this method is highly effective in maintaining the integrity of CRRT filters (most filters last for more than 72 hours!) and reducing staff workload. As part of my training, I discovered that it was essential to identify nursing champions to conduct immediate troubleshooting if any filters clotted prematurely, in addition to regular audits on the CRRT filter life to ensure high-quality delivery of CRRT. Furthermore, regular training and feedback sessions are essential to maintain staff confidence and understanding. Finally, since RCA is highly effective at preserving circuit patency, it is recommended that if there is no contraindication for using citrate in intensive care settings, there should be a reasonable attempt to perform RCA-first for patients receiving CRRT.

2. IV fluids could be lifesaving but remember, they could also be harmful.

Intravenous fluid is also classed as a drug. Therefore, it is imperative that when prescribing fluids, we should be as precise as possible when it comes to their indication, type, dosage, duration, and de-escalation plans. As excessive fluid administration has been correlated with a much higher mortality rate in many studies, a guide to additional fluid administration in resuscitation should be used as an adjunct to clinical examination findings. Therefore, as a critical care nephrologist, it is essential to have a basic understanding of various novel hemodynamic monitoring in acute care settings. Additionally, Point of Care Ultrasound (POCUS) has become an alternative tool in places where hemodynamic monitoring is unavailable. The downside of POCUS is that it is operator dependent. I had the opportunity to be enrolled in FUSIC Heart (Focused Ultrasound in Intensive Care) during my final months in GSTT. This has opened my interest in fluid management, cardio-renal and heart hemodynamics, especially while managing Acute Kidney Injury.

3. The kidneys and beyond

As a continuous therapy to manage solutes, acid-base stability, and volume control, CRRT management must start with a good dialysis prescription and continue with total patient care. It is, therefore, important for nephrologists to understand other fundamental aspects of critical care management in the ICU and their role in providing renal support for patients in the ICU. In addition to managing AKI and CRRT, I also learned some fundamentals for surviving the rotation in the ICU. This includes airway management, mechanical ventilation, pharmacological management of common ICU drugs, nutrition in critically ill patients, and some exposure to extracorporeal membrane oxygenation in an advanced ICU setting. This experience enhanced my understanding and confidence in managing critically ill patients. I also learned to appreciate the importance of interdisciplinary teamwork, communication with other healthcare providers, and patient advocacy. My rotation in the ICU was a valuable learning experience that I would carry with me throughout my career.

4. Opportunity to do various types of research, teaching, presentation, and writing.

Fellowship attachment is a great platform to enhance opportunities for doing research and writing. I had my first experience doing AKI biomarker clinical trial in an acute care setting, from getting consent at the bedside to lab testing and randomisation. Apart from getting involved in clinical research and training, I also had the opportunity to collaborate in teaching with medical students and junior doctors. I was blessed with a wonderful mentor who was always helpful and attentive. With her guidance, I had the opportunity to present a topic for my first chapter on fluid management in AKI and also presented our research in AKI CRRT San Diego 2023.

5. Blending in new cultures, bonding in new friendships and networking.

In addition to clinical experience, the fellowship enabled me to make new friends and network worldwide. Interacting with colleagues and seniors from different backgrounds allowed me to share how our practices differ based on available resources. It was also a pleasure to explore London's picturesque parks, national trusts, scenic countryside, colourful neighbourhoods, British historical monuments, and magnificent colonial architecture. This invaluable experience allowed me to understand other cultures better. It has also helped me better appreciate my culture's beauty and diversity.

In summary, I am very thankful for the incredible exposure, experience, and knowledge I gained through the guidance and mentoring of Professor Ostermann and the consultants at GSTT. Furthermore, I am glad to have had the opportunity to network with various other professionals throughout my time at GSTT and have learned a lot from them. As I move forward with my career, I hope to be able to share all the invaluable experiences I have gained during this time with my colleagues back home. In addition, I wish more young nephrologists could broaden their knowledge and expertise by getting similar or better opportunities. Hopefully, this will open more doors to possibilities, not just for our clinical work but also for our professional and personal growth.

The author would like to take this opportunity to personally thank those who have supported her throughout this beautiful experience, directly and indirectly. Special gratitude goes in particular to Shiraz Qamil, Azizah Nawawi, MA Kadar, Ikmal Arif, N Izzati, Sunita B, Marlies Ostermann, Nuttha Lumlertgul, Rosnawati Y, Fiazah Harris, Shira Nasir, Shah Nazri, Wan Hazlina, Azrini, Wan Rasis, Ramadhan, Tan MH, Yee SY, Zaimi W, Suryati Y, Chazali Ahmad, Ravindran V, Halim Chafor, Lily Muehsahar, Ong LM, Nurul Aini, Sobah Hassan, Hirman Ismail, the ISN and MOH Malaysia

ISN INTERVENTIONAL NEPHROLOGY

BY DR WAN ZUL HAIKAL HAFIZ

Imagine embarking on a journey that would not only elevate your professional expertise but also enrich your life in unimaginable ways. That is precisely what happened to me when I pursued a subspecialty in interventional nephrology at the esteemed King Faisal Hospital and Research Centre (KFHRC) in Riyadh, Saudi Arabia. This incredible opportunity was made possible by the sponsorship of the International Society of Nephrology (ISN). Join me as I share my captivating adventure, filled with intriguing medical experiences, inspiring mentorship, and the discovery of a beautiful, vibrant culture.

My extraordinary adventure in interventional nephrology at King Faisal Hospital and Research Centre, Riyadh



The Mentor Who Changed My Life: Dr. Muhammad Ubaidullah

My journey would not have been the same without the guidance of Dr. Muhammad Ubaidullah, a renowned interventional nephrologist in Saudi Arabia. His wealth of knowledge and passion for his field were truly inspiring, and I felt incredibly privileged to learn from such an accomplished physician. Dr. Ubaidullah's expertise in ADPKD (Autosomal Dominant Polycystic Kidney Disease) and tubular diseases laid the foundation for my professional growth in the world of nephrology.

Mastering the Art of Nephrology Procedures: The Road to Expertise

My time at KFHRC, the number one hospital in Saudi Arabia, allowed me to delve into the fascinating world of interventional nephrology. Each procedure I performed was like a masterclass, offering valuable insights and honing my skills as a nephrologist. I conquered the complexities of renal biopsies, mastered the finesse of Tenckhoff catheter insertion and unraveled the intricacies of fistulograms and fistula assessments & intervention. My experiences with centrovenograms, fistuloplasties, and thrombectomies were equally rewarding, pushing the boundaries of my knowledge and expertise.



From Riyadh to Malaysia: Bringing Expertise Home

With the wisdom and skills acquired during my subspecialty training sponsored by the ISN, I am thrilled to have established a cutting-edge interventional nephrology service at Universiti Putra Malaysia (UPM). Our state-of-the-art suite and dedicated clinic provide comprehensive care for patients, from diagnostics to therapeutic interventions, making a real difference in their lives. Additionally, the expertise I gained in ADPKD and tubular diseases allows me to offer specialized care to patients with these complex kidney disorders.



The Cultural Odyssey: Discovering the Heart of Saudi Arabia

But my journey was not all about medicine. I found myself immersed in the rich and diverse culture of Saudi Arabia, which captivated my heart and soul. From the warmth and generosity of the locals to the breathtaking architecture, every moment was a delightful revelation. The spiritual highlight of my time in Saudi Arabia was undoubtedly the chance to perform Umrah twice and visit the revered Al-Masjid an-Nabawi in Medina. These experiences left an indelible mark on my life, inspiring me to be a better person and physician.



NEW NEPHROLOGISTS



**NANI ZALINDA
HOSPITAL
TUNKU MIZAN**



**UVANESAN
HOSPITAL
SEREMBAN**



**HASVINA
HOSPITAL
KUALA LUMPUR**



**SZE XUN QUAN
HOSPITAL
BATU PAHAT**



**JONATHAN
HOSPITAL
SELAYANG**



**SONG CHAN HOONG
HOSPITAL
SIBU**



**ONG YU CHEN
HOSPITAL
ALOR SETAR**



**AZIMAH
HOSPITAL RAJA
PEREMPUAN
ZAINAB**



**LU SOOTH JIUN
HOSPITAL
KOTA KINABALU**



**FU MEI SAN
HOSPITAL
SULTANAH**



**AHMAD AZHAR
HOSPITAL
UITM**



**THEEPA NESAN
HOSPITAL
UKM**



37TH ANNUAL CONGRESS OF MSN
SETIA SPICE CONVENTION CENTRE PENANG
7-9 JULY 2023

10TH MALAYSIAN- SINGAPORE NEPHROLOGY FORUM
GOLDEN SAND HOTEL PENANG
11-13 AUG 2023

EUROPEAN SOCIETY FOR ORGAN TRANSPLANT CONGRESS 2023
ATHENS
17-20 SEP 2023

5TH ASIAN PACIFIC AKI AND CRRT 2023
DAEGU, NORTH GYEONGSANG, KOREA
21-24 SEP 2023

10TH ISPD APC MEETING 2023
NEW DELHI , INDIA
22-24 SEP 2023

AMERICAN SOCIETY OF NEPHROLOGY ASN KIDNEY WEEK 2023
PENNSYLVANIA CONVENTION CENTER , PHILADELPHIA
2-5 NOV 2023

14TH PD MASTERCLASS
KUALA LUMPUR
25-26 NOV 2023

