

HOSPITAL KUALA LUMPUR WORLD KIDNEY DAY CELEBRATION 2023

In conjunction with the World Kidney Day 2023, the Nephrology Department of Hospital Kuala Lumpur (HKL) led by Dr Sunita Bavanandan (Head of Department) organized the World Kidney Day celebration on 9th March 2023 to 17th March 2023.

The event was kicked off with a 45 minutes Zumba exercise session at 730am on 9th March 2023 led by facilitators from Physiotherapy Department of Hospital Kuala Lumpur. This event was a success and approximately 100 healthcare workers participated in this exercise. It was then officiated by Deputy Director (Medicine) Hospital Kuala Lumpur, Dr Marina binti Abdullah Sani.

The guests of honour were ushered to the exhibition booths located in SCACC Building where Nephrology Department together with the Department of Pharmacy, Dietary and Paediatrics Nephrology held some interactive exhibits and educational games over. The exhibition booths were on display until 10th March 2023. Educational pamphlets on kidney diseases from National Kidney Foundation (NKF) Malaysia were given out to the public.

The following week on 13th March 2023 to 17th March 2023, the Nephrology Department of Hospital Kuala Lumpur also gave educational talks to the public via Facebook Live daily at 1pm for 5 days. The topics presented were as tabled below and were delivered in Malay language to cater for the local population.

DATE	TOPIC AND SPEAKER
13 March 2023	Acute Kidney Injury Dr Nge Chee Seng
14 March 2023	Chronic Kidney Disease Dr Tee Meng Kang
15 March 2023	Treatment for Kidney Disease Dr Muhammad Saifuddin bin Zainal
16 March 2023	Medications and Kidney: Culprit or Cure? Dr Tan Xue Qi
17 March 2023	Kidney Disease During Pregnancy Dr Muhammad Imran bin Kamaruddin

Link to presentation: <https://www.facebook.com/nephrohkl>

On 15th March 2023, Nephrology Department of Hospital Kuala Lumpur in conjunction with World Kidney Day organized a talk during our weekly Hospital CME session. This CME session was attended by approximately 100 participants comprising of paramedics and doctors from Hospital Kuala Lumpur. Nurul Izah binti Ahmad, Nephrology Fellow delivered the talk 'Kidney Health for All, Preparing the Unexpected, Supporting the Vulnerable! and it was well received by the audience.



Pictures above taken during Zumba session in Hospital Kuala Lumpur.



Pictures taken during Zumba session.



Dr Marina binti Abdullah Sani, Deputy Director, Hospital Kuala Lumpur, officiating World Kidney Day 2023 Celebration in Hospital Kuala Lumpur.



Dr Sunita Bavanandan, Head of Nephrology Department, Hospital Kuala Lumpur and Dr Marina binti Abdullah Sani, Deputy Director (Medicine), Hospital Kuala Lumpur, delivering their opening speech after Zumba session on 9th March 2023.



Nurul Izah binti Ahmad, delivering her talk, a case discussion based on World Kidney Day theme during Hospital CME session.



Nephrology Department photo taken after the Hospital CME session.